

Live Healthy Iowa Kids 2010

- * 60 minutes of physical activity at least 5 days a week
- * Track how many screen time you have each day
- * Please turn in your calendar to your Team Captain at the end of the month

Fourth Reporting Period: April 12 – April 28, 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	12	13	14	15	16	17
	_____	_____	_____	_____	_____	_____
18	19	20	21	22	23	24
_____	_____	_____	_____	_____	_____	_____
25	26	27	28	29		
_____	_____	_____	_____	Turn in sheet to Team Captain!		

