

## Warm Up Protocol

The first match of the day for each team warm up is as follows: 2-4-4 (2 minutes shared passing, then the serving team gets the court for 4 minutes, followed by the receiving team on the court for 4 minutes).

For all other matches teams will be allowed 6 minute warm up (3 minutes serving team alone, 3 minutes receiving team alone).

When teams are not on the court, they need to be in their bench area, and are not allowed to ball handle behind the on-court team. **No shared hitting.**

## Officiating Protocol

The officiating team will provide a referee, umpire, scorekeepers, line judges and game ball. Youth players may officiate as the 1<sup>st</sup> (Up) or 2<sup>nd</sup> (Down) referee with an adult as part of the officiating team.